

Los Angeles County – Vaccination Pilot Project: Our Best Shot



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Overview

The Los Angeles County Vaccination Pilot Project workshops provide education to older adults about the importance of vaccines in protecting their health and the health of their family. Vaccines are widely recognized as safe, clinically-effective, and cost-effective; and thus, they are part of public health policy in the United States. However, vaccination rates are below targeted levels, particularly for vaccines recommended for older adults. These workshops outlines the symptom and potential complications of some of the most common infectious diseases and lays out the recommended vaccines for adults ages 60 and older.

Program Description

The goals of the Vaccine Pilot Project Workshop is to 1) Offer an interactive and supportive workshop environment where participants can learn about and discuss the importance of vaccination; 2) Teach participants about how and where to get vaccinated; and 3) Ultimately increase vaccination rates among older adults in your community.

The presenters were provided with the Leaders Guide to successfully host the workshop, promotional posters, PowerPoint presentation, and participant quiz and answer sheet to evaluate the effectiveness of the workshops. To successfully educate the importance of vaccines, workshops were presented using a team approach. Three presenters were used for each workshop including the Department of Public Health Nurse to answer technical questions.



Conducting an Educational Workshop

Featuring everything you need to host an educational event for older adults and their loved ones on the basics of vaccination.

Results

Overall, it was a very positive experience for the presenters as well as the participants. Most participants were very interested in the topic of Vaccinations for Older Adults. Many participants were very eager to share their own experiences regarding vaccines, and the illnesses they prevented. They were eager to learn more about vaccines and expressed gratitude for the presentation. Participants described the training as helpful and was motivated to receive vaccinations.

Lessons Learned

The workshop provided relevant information to attendees:

- Understand the importance of vaccination.
- Learned how vaccines work and debunk common myths and misconceptions.
- Understand the recommended vaccine schedule.
- Be knowledgeable about vaccine coverage under Medicare and other health insurance plans.
- Understand where vaccines can be administered.

Future Directions

Increase vaccination rates among older adults by:

- Expanding efforts to provide specific education to older adult about adult vaccines.
- Outreach campaign to raise general awareness of the importance of older adults vaccination.

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