

Notable and Newsworthy Center Events (July 2019)

Region 1	Event	Event Date	Time
ELA Service Center	In celebration of 4th of July, Alta Med will have light refreshments, blood pressure screening, glucose screening, Loteria, chair massage and Medicare 101 for our seniors.	Wednesday, July 03, 2019	10:00 am-12:00 pm
	Back to School Event. In collaboration with Fiesta Educativa, the East Los Angeles Service Center will be hosting a back to school event for the community.	Saturday, July 20, 2019	8:00 am-2:00 pm
	Celebra La Vida Con Remita is a workshop to learn about health rights with Remita Health. Dancing, snacks, prizes, and music for seniors.	Tuesday, July 23, 2019	9:00 – 10:00 a.m.
PHP Community and Senior Center	4th of July BBQ Potluck. The local Boy Scouts will start the event with a flag salute and sing God Bless America. Grilled food, music, dancing, prizes, and great comradery and socialization.	Wednesday, July 03, 2019	12:00 – 3:00 pm
	The annual LUAU is an event that center patrons thoroughly enjoy.	Friday, July 19, 2019	2:30 – 4:00 pm
	The Red Cross is teaching seniors how to protect and cope with disasters by planning should a disaster strike. They bring awareness by letting them know that first responders may not be available; therefore, pre-planning is important.	Tuesday, July 23, 2019	12:30 – 1:30 pm
San Gabriel Valley Service Center	Toy loan Honor Event.	Monday, July 15, 2019	3:30 - 4:30 p.m.

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Region 2	Event	Event Date	Time
ERD Service Center	Cogniciti's Brain Health Workshop is hosted by Baycrest Health Sciences. The center will host a free in-person workshop that provides older adults with the opportunity to learn about their brain health.	Wednesday, July 3, 2019	12:30 – 1:30 pm
	The brain Health Assessment will meet with each senior for after each is finished to go over scores and to ask question about their brain health.	Wednesday, July 10, 2019	12:30 – 1:30 pm
Florence/Firestone Service Center	The center will be hosting hosting an Independence Day Dance. Food will be served and games will be played.	Friday, July 05, 2019	12:00 - 2:00 pm
San Pedro Service Center	In partnership with Cogniciti, the center will host a Brain Health Workshop.	Tuesday, July 30, 2019	9:00 – 11:00 am
Willowbrook Senior Center	In conjunction with July 4th activities, Juneteenth Independence Day is a social event to raise awareness in the community. This day is an opportunity to celebrate freedom and equal rights in the United States.	Tuesday, July 02, 2019	12:30-3:30pm

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Region 3	Event	Event Date	Time
Antelope Valley Senior Center	Aging Mastery – Spanish Classes 12 week course in partnership with Aging and local CBO’s to assist seniors in learning new behaviors to increase health outcomes, financial security and general well-being.	Thursday, July 11, 2019	10:00 am
	Matter of Balance 12 week course offered by Partners in Care to decrease incidents of falls.	Thursday, July 11, 2019	8:00 am
Santa Clarita Valley Service Center	July Family Fun in the Park at William S. Hart Park. Food, Games, Music for all ages will be provided.	Friday, July 19, 2019	10:00 am–2:00 pm