



Great Plates Delivered

Frequently Asked Questions

Do I really need to fill out the provider interest form from the State?

Once the LA County Application form is available online (estimated: the week of May 25), Vendors will not need to use the State's Provider Interest Form.

The online application form for LA County will be available [here](#).

In the meantime, all applicants should continue signing up on the [State's Provider Interest Form](#).

Do I really need to provide delivery for clients?

All restaurants participating in Great Plates Delivered must provide food delivery service to clients. Further, to protect the safety of clients, restaurants must ensure that all food delivery drivers are background checked. Finally, restaurants must provide training to food delivery drivers to ensure that food is handled safely, including protection from potential contamination and that proper food temperatures are maintained if food delivery will exceed 30 minutes during transportation.

What are the nutritional requirements?

- ➔ Provide 3 meals a day
- ➔ Do not provide sugary drinks (see below definition) - allowable beverages:
 - ✓ Water, unsweetened tea and coffee
 - ✓ Fruit-based and vegetable-based drinks that are 100% juice (without added sweeteners)
 - ✓ Milk products, including 1%, nonfat, soy, rice, & other similar non-dairy milk without added sweeteners
 - ✓ Other beverages that do not exceed 25 calories per 8 ounces
- ➔ All meals should be low in sodium (see below guidelines)
- ➔ Lunch and dinner must follow food group and serving guidelines (see below chart)

Definition of Sugary Drinks:

All sodas, fruit drinks, sport drinks, low-calorie drinks and other beverages that contain added caloric sweeteners, such as sweetened tea, rice drinks, bean beverages, sugar cane beverages and nonalcoholic wines.

Guidelines for Low-Sodium Meals:

If including pre-packaged items:

- ✓ Beverages and sides should contain no more than 230mg sodium per serving
- ✓ Entrees should contain no more than 600mg sodium per serving
- ✓ The total meal (beverages, sides, and entrée included) should contain no more than 800mg per serving

If preparing entirely fresh:

- ✓ Use low-sodium sauces and flavorings
- ✓ Use no more than 1/3 teaspoon standard table salt per each full meal

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Nutritional Requirements

Food Group	Required Servings Per Meal	Dietary Guidelines Servings Per Meal
Protein	3 ounces	<ul style="list-style-type: none"> ✓ 3 oz servings whole or ground meats, chicken or fish. Limit ground meat three times per week.
	2 ounces	<ul style="list-style-type: none"> ✓ 2 oz meat or meat alternate used in salad entrée recipes. ✓ 2 oz meat or meat alternate used in sandwich recipes. ✓ Limit sandwiches to 3 times per week.
Vegetable/Fruit	2-3 servings	<p>Vegetables:</p> <ul style="list-style-type: none"> ✓ For most vegetables, one serving is ½ cup; for salad greens, one serving 1 full cup ✓ Must be non-starchy; potatoes are counted in the grain/starch food group ✓ Should not be fried; okay to serve raw, steamed, baked, grilled, or cooked into the entree <p>Fruit:</p> <ul style="list-style-type: none"> ✓ ½ cup or 1 piece of fruit for dessert counts as 1 serving. ✓ If canned, should be packed in unsweetened juice or water (not syrup)
Grain/Starch	1 serving	<ul style="list-style-type: none"> ✓ 1 serving per meal such as 1 slice whole grain bread or ½ cup rice or pasta. ✓ Frequently use brown rice, whole grain pasta, or half brown and white rice mixture. ✓ Try to incorporate grains like quinoa, bulgur, or barley. ✓ Should have 3 grams fiber/serving. ✓ Half of all grains must be whole grains.
Beverages	1 serving	<ul style="list-style-type: none"> ✓ 6 to 8 oz water (for others, refer footnote #2)

LA County told me my restaurant qualifies for Great Plates Delivered. How soon will I receive meal orders?

All qualified restaurants will be sorted into tiers depending on available funding, client need, geographic area of service, and responses to the County application. LA County is rolling out this program as quickly as possible.

How often will I receive meal orders?

Generally, restaurants will receive work orders with client names, addresses, contact information, and meal preferences on a weekly basis. If there is a change in the work order (for example, if someone has been added or removed from the work order), you will receive that change.



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How often do I have to report back to LA County?

Restaurants are required to report back to LA County on meals delivered every day.

LA County is developing a user-friendly online portal to accessing work orders and to report delivered meals. Until that online portal is developed, reporting will be handled via Excel or Google Sheets.

Can you provide public health guidance for food facilities?

Please [click here](#).

Can you provide public health guidance for delivery of food?

Please [click here](#).

I have a question that was not answered here. How do I contact you?

Thank you for your interest in Great Plates Delivered. Please feel free to email us at: greatplatesrestaurants@wdacs.lacounty.gov.