



*Los Angeles County Board of Supervisors
Los Angeles County Commission for Older Adults
Los Angeles County Community and Senior Services
Present:*

Older Americans Recognition Day Awards Program

at

Kenneth Hahn Hall of Administration

Thursday, May 12, 2016

Supervisorial District 5

**OLDER
AMERICANS
MONTH**



BLAZE A TRAIL: MAY 2016

Proclamation (Resolution)



“OLDER AMERICANS RECOGNITION MONTH”

May 2016

WHEREAS, for the past fifty years, the month of May has been proclaimed Older Americans Month; and

WHEREAS, the national theme for this year’s program is “Blaze a Trail;” and

WHEREAS, our older residents reinvest their resources in their communities through sharing their wisdom, talents, and time with others; and

WHEREAS, these older volunteers work with our youth, assist with the homeless, support food pantries, visit shut-ins, advocate on behalf of nursing home patients, deliver and serve meals to the elderly, provide transportation to the frail, and work in community hospitals; and

WHEREAS, through these activities and others, our older population continues to demonstrate the commitment to enhancing the quality of life for us all;

NOW, THEREFORE, BE IT RESOLVED by the Board of Supervisors of the County of Los Angeles that the month of May is declared Older Americans Month. Thursday, May 5, 2016, Thursday May 12, 2016, and Wednesday, May 25, 2016, are designated Older Americans Recognition Days and all residents are urged to participate in appropriate ceremonies honoring these men and women.

**ADOPTED BY THE BOARD OF SUPERVISORS
OF THE
COUNTY OF LOS ANGELES
STATE OF CALIFORNIA**



May 12, 2016

Dear Distinguished Honorees:

On behalf of the Los Angeles County Commission for Older Adults, I would like to welcome you and your guests to this prestigious event. This is our opportunity to thank you and to give you the recognition you deserve for the countless contributions you have made to help our older adults and our communities.

As I think about this year's Older Americans Month's theme, "Blaze a Trail," I am reminded of the important work each of you has done to lead the way and clear the path for others. With the majority of baby boomers reaching the age of 70 in a few years, we will all need to continue to blaze new trails and lead by example to ensure that older adult needs are addressed.

On behalf of my fellow Commissioners, I congratulate you and wish you many more years of productivity, good health, and happiness. Today is your day, so let us honor you today for all of your contributions.

Warmest regards,

Linda Yamauchi

Linda Yamauchi
President
Los Angeles County Commission for Older Adults





May 12, 2016

Dear Distinguished Honorees:

On behalf of Los Angeles County Community and Senior Services, I would like to thank you and pay special tribute to all of your contributions to our communities throughout Los Angeles County. It is truly a blessing to celebrate the 51st Annual **Older Americans Recognition Day Awards** with you.

May is a month of fresh beginnings. Perennials bloom once again, blazing a trail of bright colors, which brings us to this year's theme: **Blaze a Trail**. It is to focus on how older adults are advocating for themselves, their peers, and their communities. Did you know that 1 in 4 older Americans make a positive impact through volunteering? Volunteering can also lead to improved physical and mental health. Older volunteers report greater life satisfaction than non-volunteers. Lastly, research suggests that those who volunteer are more likely to live longer.

While Community and Senior Services provides services and programs that "Saves Lives" to older adults in Los Angeles County year-round, Older Americans Month offers an opportunity to emphasize how older adults are engaging with and making a difference in their own communities.

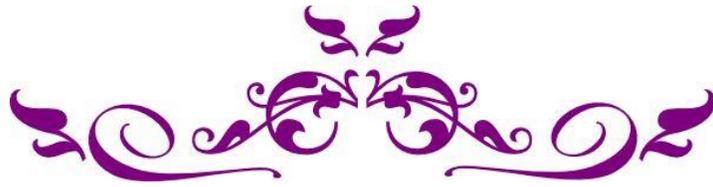
On behalf of Los Angeles County Community and Senior Services, I applaud and commend you for your dedication to your communities.

Gratefully yours,

Cynthia D. Banks

Director
Los Angeles County Community and Senior Services





The 51st Annual
Older Americans Recognition Day
Awards Program

Thursday, May 12, 2016
11:30 a.m.

INTRODUCTION

Commissioner Diana Love

WELCOME

President Linda Yamauchi

INVOCATION

Los Angeles County Commission for Older Adults

PRESENTATION OF COLORS

Los Angeles County Fire Department Honor Guard

PLEDGE OF ALLEGIANCE

Los Angeles County Commission for Older Adults

GREETINGS

Cynthia D. Banks, Director
Community and Senior Services

OLDER AMERICANS MONTH PROCLAMATION

Michael D. Antonovich
5th Supervisorial District

PRESENTATION OF AWARDS

CLOSING REMARKS

Commissioner Diana Love
Los Angeles County Commission for Older Adults



OLDER AMERICANS MONTH



BLAZE A TRAIL: MAY 2016

FIFTH SUPERVISORIAL DISTRICT



Honorable Michael D. Antonovich
Supervisor

Michelle Vega
Board Deputy

District 5 Commissioners

Margaret Belton	Nneenah Frazier
Diana Love	Peter McGrath
Gayle McKinney	Arlene Okamoto
Olga Sarabia	Dancingwater Taylor
	Linda Yamauchi



Clint and Shelli Arsenault—from the City of Glendora—volunteer their time and energy to add to the warmth and friendliness of our community. Clint was the past President and Treasurer of the Grand-a-Bouts Senior Club. Clint is very concerned about the shut-in members of the club who are no longer able to make the senior club meetings. He visits members staying at Leven Oak, a local retirement home. Shelli is also very active in the Grand-a-bouts Senior Club. She was the past Treasurer and is currently the Membership Coordinator and Historian. She volunteers in the Monrovia Public Library's Friends Book Store and belongs to Friends of the Library and the Library Foundation Fundraiser Committee. Shelli is very active in the Caring Crafters of Monrovia, knitting and delivering the items made by the group to organizations, such as City of Hope, Children's Hospital, and the Veterans organizations. They encourage the

people they meet to join them in various activities and clubs. They are members of the Grand-a-bouts Senior Club, Monrovia's Old House Preservation Group, Caring Crafters of Monrovia, and help out at the monthly luncheons. It is an honor to nominate Clint and Shelli for the 2016 OARD Award.



Kathryn "Kaye" Brann—from the City of Covina—has served as a volunteer since 2004 in various capacities throughout the center. Elected by her peers, Kaye serves on the Senior Advisory Committee, the Senior Citizens Club, and the Nutrition Advisory Committee. She can be seen every morning signing in guests for lunch and has become the official "greeter." Our returning patrons eagerly walk up and are delighted when Kaye can call them each by name. Kaye also makes

sure first-time visitors feel right at home with her welcoming enthusiasm. She is a great support to the city staff and can always be counted on to lend a hand whenever needed. Kaye has earned this award, and the respect and gratitude of those she serves. She is nominated for the 2016 Older Americans Recognition Award in recognition of her outstanding leadership and tireless efforts at the Covina Senior Center.



Jerry Burnham—from the City of Glendale—was in the Navy and is a Vietnam Veteran. His volunteer work is extensive. Jerry has worked with the Tim Herman Foundation where he participated in their annual baseball tournament. He has been the volunteer Treasurer for the Crescenta Valley Sierra Club for over thirty years and is a member of the American Legion. The City of Glendale was lucky when Jerry became a volunteer in 2010 after the Station Fire burned nearly 700 acres in Deukmejian Wilderness Park. Working with Glendale Parks and the Open Space Foundation, he has assisted on monthly wilderness workdays overseeing the planting and watering of well over 100 native trees! For all of his work, and particularly for his outstanding effort with the City of Glendale, we nominate Jerry Burnham as our Senior Volunteer of the Year.



Grace Campos—from the City of Temple City—has been a member of the Temple City Festival Committee for over 20 years. During the majority of that time, she served as Royal Governess. Grace recently retired from that position, but still remains a member of the committee. During her role as Governess, Grace has played an intricate part in the development of the Camellia Festival Royal

Court. Her kind, gentle, and generous spirit has influenced a generation of Royal Court participants. Besides her dedication to the Camellia Festival, she has also been a mainstay at St. Luke Fiesta. For over 25 years, Grace has managed the Hamburger booth. Her inclusive nature always leads to making new friends through the activities that she is involved in. Grace is truly an amazing person!



Rita Carranza—from the City of Glendale—has been an integral part of the Congregate Meals program for the City of Glendale. She loves helping the community and especially the chef. Rita comes in bright and early to prepare the day's meal menu. She is clean, diligent, and especially congenial. We, at the senior center, like to think of Rita as no-nonsense and serious about work. If something is wrong, Rita will fix it. She is all about SOLUTIONS! Rita's style is gentle yet firm. A pragmatic volunteer, Rita wants ZERO recognition and credit for all the hours she puts in. Her love of helping her fellow man is all the validation she needs. When Rita is not volunteering at the meals program, she loves gardening. We are happy to recognize her accomplishments and efforts though she does it all out of LOVE.



Del Dochterman—from the City of Monrovia—has always had an active role in the San Gabriel community. She spent 15 years as President of the Friends of San Gabriel Library, and remains an active member of the group. As president, she contributed to the remodeling and reopening of the new San Gabriel Library. Through her input during the remodeling, Del exhibited her concern for the well-being of the community. After retiring, Del volunteered in the San Gabriel Holiday Basket

Program which gave food and other essentials to underprivileged families during the holidays. She continues to be a “life mentor” to young students at San Gabriel Union Church and Lake Avenue Church. Del’s friends refer to her as a “life coach that the community can always turn to.” Del Dochterman contributes her wanting to stay active in her community to her husband Allyn Dochterman.



Marlou Faustini—from the City of La Verne— joined the City of La Verne Retired Senior Volunteer Patrol (RSVP) in May of 1995 and has enjoyed every minute of her volunteer time. She is currently the Secretarial Coordinator for the RSVP program. Marlou has coordinated help for city events like the Concerts in the Park, Fourth of July events, Homeless Count, Halloween Parade at Heritage Park Plaza, and the Flu Shot Clinic. She also volunteered her services at Hillcrest County Fair and a variety of local carnivals. In 2015, Marlou volunteered over 500 hours of her time to the City of La Verne. It is with great honor, the City of La Verne acknowledges Marlou Faustini for the 2016 Older Americans Recognition Day award.



Joyce Fortune—from the City of Alhambra—is one of the AARP Tax Program Volunteers. She has been an avid volunteer for the program for 15 years. Throughout that time, she has served as a District Coordinator, Local Coordinator, Technical Coordinator, and Instructor. At one time, she ran three sites simultaneously. We are lucky to have Joyce at the Jocelyn Adult Center. With Joyce as the lead volunteer, our center is able to provide free tax services to over 20 seniors and low income

adults during tax season each year. Joyce Fortune is patient with all the people she provides returns for. She has learned to adapt as tax preparation has gone from paper returns to computer returns. Joyce works well with her team and everyone at the center. The City of Alhambra is fortunate and appreciates having Joyce return every year to volunteer at our site.



Charles Garcia Jr.—from the City of Glendora—has been a volunteer at the La Fetra Center for Seniors/Community Services Department for over six years. He serves as a volunteer trip escort, facilitates our Table Tennis Program, and creates beautiful hand crafted wood items for the La Fetra Center. Charles has made custom puzzle tables, a base for our big screen TV cabinet, and has done general wood work repair around the La Fetra Center. We are happy to have a volunteer of many talents at the Glendora La Fetra Center. It is with great honor we acknowledge Mr. Charles Garcia Jr. for this prestigious award.



Robert L. Hammond—from the Antelope Valley Senior Center—likes to help the elderly and loves staying busy. He is extremely dedicated and assists with any and all tasks needed to be performed at the senior center nutrition program. Mr. Hammond tests the food, sets the tables, and serves lunch every day. He is a retired plumber and is known for his handy skills. For many seniors, a senior center lunch is the most wholesome and anticipated meal of the day. Mr. Hammond’s cleanliness and insurance that food is held at proper temperatures is critical in a safe kitchen. Mr. Hammond has recently earned the 2016 Senior Nutrition Golden

Apple award for successfully completing all in-service training sessions on food safety and quality, and possessing the knowledge and skills to provide safe quality meals. The Antelope Valley Senior Center is grateful for the all the contributions of Mr. Robert L. Hammond.



Bob Hauerwass—from Los Angeles County Arcadia Parks and Recreation, East Agency—has been a dedicated, consistent volunteer and club member with Santa Anita Bowling Green Club at Arcadia Park since 2005. He has demonstrated an outstanding initiative to enhance and serve the club in multiple ways, such as serving as President, Treasurer, and the creator of the Lawn Bowling Website. Mr. Hauerwass' peers look to him for guidance and leadership. He possesses the ability to quickly assess a situation and formulate a plan of action to overcome the task at hand. Mr. Hauerwass is a significant member of the community and has been a great contributor to the success of the Annual International Lawn Green Bowling Tournament. His patience, sense of humor, and professionalism are unparalleled. Mr. Hauerwass is an energetic and responsible volunteer who genuinely cares about the environment. Furthermore, Bob is exactly the type of volunteer and community member that the Older Americans Recognition Day Award was meant to identify.



Shelby Jacobs—from the City of Val Verde—grew up in the community of Val Verde, California and became an Aerospace Engineer with Aerojet Rocketdyne and NASA. Shelby completed the design for the installation of the camera system in 1965 for the Apollo 6 Mission which launched on

April 4, 1968. Shelby mentors the community's youth on the possibilities of following their dreams. He inspires them to know that with hard work and dedication they can achieve their goals and succeed. Shelby continues to be an inspiration to young people whenever an occasion arises. The past few years, he has established and awarded an annual scholastic scholarship for a deserving youth. Still at a young age of 81, Shelby continues to be a positive and inspirational role model here in the community of Val Verde and around the world.



Lee Jensen—from the City of San Dimas—has been a faithful and dedicated volunteer for the Chuckwagon Lunch program at the San Dimas Senior Citizen/Community Center since 1995. For over 20 years, Lee has volunteered Monday through Friday serving meals with a smile. When new people come for lunch, Lee always makes them feel welcome. For all the positive contributions to San Dimas and for his devoted volunteer service, Lee Jensen is the perfect Older Americans Recognition Day Honoree.



Richard Jover—from the City of Glendale—has been a participant and volunteer for the City of Glendale since 2006. He is a faithful soccer player and donates his time regularly to the Glendale Sports Complex. Dick volunteers over 3,000 hours to the complex. He created a Walking Soccer program for adults over 60. Dick continues to donate his time and energy in keeping the complex looking good. Dick took it upon himself to assist with replacing and repairing the soccer nets for the soccer fields, and he provides his expertise with maintaining the fields and facility. The City of Glendale and the staff at the Glendale Sports Complex proudly nominate Dick Jover for the Older Americans Recognition Day Award.



Kathy Kirchner—from the City of Duarte—has been a dedicated member of the Duarte Women’s Club, serving since 1986 in many capacities, including Auditor and Treasurer. Kathy has served the City of Duarte and neighboring communities for many years in many roles. She has been volunteering for 8 years, doing computer data entry at the Foothill Unity Center, a regional nonprofit center. Kathy also volunteered extensively as a member of the Duarte Reading Circle and at the Duarte Historical Society. She has been a long-time dedicated volunteer at the Duarte Senior Center. Most recently, Kathy extended her civic dedication by being appointed this year to serve on the City of Duarte’s Public Services Commission for a two-year term. Kathy enjoys crocheting and she often donates Afghans and lap blankets for fundraising. She is a Duarte treasure and the City is proud to recognize her for her commitment to the Duarte community.



Carol Libby—from the City of Arcadia—has lived in Arcadia for over 40 years. She is very active with the Arcadia Friends of the Library, where she served as Vice President and Program Chairman. Carol also prices books for the library book store. Currently, she successfully organizes, raises funds, and graciously hosts many social events for clubs in Arcadia. She has been President and Vice President of the Arcadia Historical Society and remains active. Carol is a past volunteer and member of the Los Angeles County Arboretum. She published two books about the history of Arcadia.



Chuck Morris—from the City of Santa Clarita—plays a vital role in our mission of promoting quality of life for seniors and has an immeasurable impact in the Santa Clarita community. Chuck brought the Traveling Vietnam Wall to Santa Clarita, impacting the lives of over 20,000 guests. He organized a Memorial Day Parade and participates in Operation Gratitude to boost the spirits of service people. Chuck is currently working on a Fallen Warriors Monument and a Military Banners Program. He is active in every Santa Clarita Valley (SCV) Senior Center fundraising committee, ensuring crucial services are provided to seniors. A Korean War Veteran, Chuck is passionate about helping those who served in the military. He founded the SCV Senior Center Veterans Club, is Commander of the local Friendly Valley Veterans Club, and is Vice Commander of the Veteran of Foreign Wars (VFW) Post.



Kaye I. Norris—from the City of Burbank—has made remarkable contributions to the Burbank Police Department Traffic Bureau. Staff has affectionately dubbed the days she volunteers as “K Days.” Her volunteerism is not limited to the Burbank Police Department. She can be found lending her skills to accommodate the needs of clients utilizing the services of the Burbank Temporary Aid Center. Additionally, Kaye gives of her time at the Joni and Friends International Disability Center in Agoura Hills. The exceptional service provided as a result of Kaye’s efforts is due in part to her supportive communication and joyful personality that beams, “I’m here to help.”



Carlos Rodriguez—from the City of Palmdale—has been an active participant for many years at the Legacy Commons, which was formerly known as

the Palmdale Senior Center. When the Palmdale Senior Center moved into a new building and became Legacy Commons in July 2010, Carlos was approached and asked if he would like to become one of the first Ambassadors. He eagerly accepted. As an Ambassador, Carlos welcomes new members to the Legacy Commons family. He is available to answer questions about the facility and the programs we have to offer. Carlos is very social and seems to know everyone here at Legacy Commons. Besides being an Ambassador, Carlos also served as Treasurer on the Legacy Commons Advisory Board for a few terms. He is the delegate for the pool room. Carlos makes sure everything runs smoothly and reports any issues or suggestions to staff. He organized pool tournaments and successfully raised funds for a new pool table. Carlos' smile and enthusiasm is contagious, and we consider ourselves lucky to have Carlos as one of the Legacy Commons Ambassadors.



Myrtle Smith—from the Antelope Valley Senior Center—began volunteering at the senior center in 2007. Over the years, she held highly responsible volunteer leadership roles in many clubs and groups at the center, such as Quilting, Black Historical Society, Senior Diversity Group, Friends of the Center, and Center Advisory Board. Ms. Smith has been the most dedicated trip escort since 2010. Seniors and staff can rely on her love for sharing and helping others. According to her, sharing and helping others is her "life time career" because she is a retired registered nurse. Ms. Smith volunteered at the Women's Ministry Church since 2006 and continues to be actively involved with the National Nursing Association.



Naomi Tanikawa—from the Antelope Valley Senior Center—has taught the Diabetes Self-

Management class and volunteered on the senior center trip committee since 1999. As a certified diabetes educator and a member of the Professional Diabetes Association, Ms. Tanikawa made sure her classes always followed the current guidelines for participant education. She feels privileged to be able to assist senior center participants in their educational quests. Ms. Tanikawa has enjoyed 17 years of volunteering because of the unique population she serves. Senior citizens bring many years of life experiences and different approach to learning.



Melinda Thomas—from the City of Pasadena—serves her community as the President of the Participant Advocacy Board for the Villa Esperanza Adult Day Program. She attends rallies, writes letters, and makes phone calls to legislators and other community leaders in an effort to increase funding for programs serving individuals with intellectual disabilities. Melinda is often the voice for other participants whose voices cannot be heard. She has assisted with completing volunteer projects at Villa Esperanza, which provide assistance to at-risk youth in Southern California, as well as orphans in Kenya. Melinda's volunteer efforts enriched these individuals' lives and provide Melinda with the opportunity to use her knowledge, skills, and passion in a productive and meaningful way. It is a pleasure to nominate Melinda for this special and much deserved, recognition



Marvin A. Tingdahl—from the Antelope Valley Senior Center—has been a senior center volunteer for over 25 years. After retiring from Edwards Air Force Base in 1987, Mr. Tingdahl started coming to the senior center with his wife Naoma. The couple decided to come to the center gym to keep their

exercise routine feeling that it was no longer safe for them to walk in their community. While utilizing the senior center gym, Mr. Tangdahl began to assist center staff by performing simple upkeep and repair of the exercise equipment and has continued to do so daily since then. He notifies the staff when the machines require repairs. Mr. Tangdahl enjoys the safe center environment as well as the friendliness of the other center participants and staff. He also volunteers at the local church researching family trees, historical records, and heritage origins.



Carol Touchette—from the City of San Dimas—has volunteered for the San Dimas Senior Citizen/Community Center for eight years. She started by leading a Canasta card group. A few years later, when Senior Citizens Club Bingo needed volunteers, Carol was the first person to offer to help run the program. She has actively participated in many of the programs offered by the City of San Dimas and is always ready to help, or offer insight when needed. For all her positive contributions and devotion to the City of San Dimas volunteer service, Carol Touchette is the perfect San Dimas Older Americans Recognition Day Award Honoree.



Anne Tyler—from the City of Sierra Madre—was one of the founding members of the Sierra Madre Civic Club, served as President, and has been an active member for the past 72 years. She has been a member of the Sierra Madre Women’s Club for many years and served as their President. Continuing her dedication to Sierra Madre, Anne is currently serving as President for The Priscillas. In addition to the numerous volunteer hours that she donated throughout the years, she also spent many years supporting the Sierra Madre Volunteer Fire Department where her late husband, Jim Tyler,

served as the Sierra Madre Fire Department (SMFD) Chief.

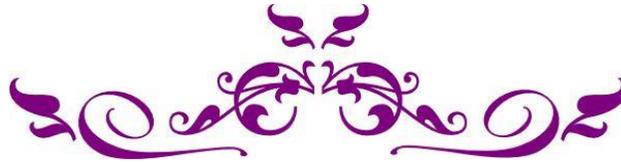


Yarvand Zohrabian—from the City of Glendale—has volunteered at the Glendale Adult Recreation Center for the past five years. During this time, he has become a valuable member of our team. He speaks Armenian, Farsi, and English. This enabled Yarvand to translate for us at the community center. Yarvand shows up every morning ready and willing to work. He is a pleasure to work with and even when he is taking a well-deserved break, Yarvand is always on the lookout for someone in need. The Glendale Adult Recreation Center is proud to nominate Yarvand Zohrabian for the 2016 Older Americans Recognition Day Event Award.

**OLDER
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BLAZE A TRAIL: MAY 2016



We offer our gratitude to the following individuals who so generously contributed their time and talent to making this event a success!

Board of Supervisors

Hilda L. Solis, Chairman, First District
Mark Ridley-Thomas, Second District
Sheila Kuehl, Third District
Don Knabe, Fourth District
Michael D. Antonovich, Fifth District

Community and Senior Services

Cynthia D. Banks, Director
Otto Solórzano, Chief Deputy
Lorenza C. Sánchez, Assistant Director, Aging and Adult Services
Anna Avdalyan, Program Manager, Area Agency on Aging (AAA)
Corneitha Kirk, Human Services Administrator II
Guillermo Medina, Human Services Administrator I
Monique Norman, Staff Assistant I

Los Angeles County Commission for Older Adults Executive Board

Linda Yamauchi, President
Olga Sarabia, 1st Vice President
Charles Trevino, 2nd Vice President
Vicente Zapata, Secretary
Charles Mitchell, Fiscal Officer

Community and Senior Service Volunteers

Sonik Anjonian
Kevin Anderson
Nilda Anthony
Jovita Chan
Cynthia Ear
Danese Franklin
Anna Musaderyan
Barbara Thomas
Benjie Uy
Jeffrey Wang

Other County Departments

Los Angeles County Fire Department
Internal Services Department

Others

Paradise Printing Company
Frantone's Pizza and Spaghetti Restaurant
White House Florist

OLDER AMERICANS MONTH



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Congratulations to all honorees!

May 12, 2016