



Los Angeles County Workforce Development, Aging & Community Services



2nd Annual Older Adult Summit Report



April 5, 2018

Community Services Resource Corporation (CSRC) – 501 (c) 3



2nd Annual Older Adult Summit Report

INTRODUCTION

The County and City of Los Angeles hosted the 2nd Annual Older Adult Summit (OAS) on April 5, 2018 at the Pasadena Convention Center. The OAS is part of the [Purposeful Aging Los Angeles Initiative](#) (PALA). PALA is an Age-Friendly Initiative that seeks to prepare the Los Angeles region for a rapidly aging population through an innovative, sustained effort that unites public and private leadership, resources, and strategies. PALA was launched in 2016 by the County and City of Los Angeles, AARP, the Milken Institute Center for the Future of Aging, the USC Leonard Davis School of Gerontology and the UCLA Los Angeles Community Academic Partnership for Research in Aging.

A brief report of the activities of the 2nd Annual OAS is provided below. Additional information is available at the OAS web page at: <https://wdacs.lacounty.gov/april2018-2nd-oas/>

GOAL OF THE SUMMIT

The goal of the Older Adult Summit was to provide a venue for older adults 55 and over and/or their caregivers from across the County who would benefit from information about programs and services that are available to enhance the quality of their life as they age. Participants were also provided with informational resources and practical tools that enhance their capabilities to plan, prepare for, and respond to life changing situations. This year's theme was:

“Enhancing the Lives of Older Adults through Empowerment, Engagement, and Active Living”.

The Summit agenda was carefully crafted to raise and address a variety of topical issues that present challenges for the field of Aging. The Summit plenary sessions and eight (8) workshops were designed to increase the knowledge base of attendees,



promote the learning and development of new skills, and move the field of Aging forward, striking a balance between advocacy and service delivery.

TRANSPORTATION SERVICES TO THE SUMMIT

Buses to pick up older adults at various service and senior centers throughout the City and County were arranged via the contribution of various Board offices.

REGISTRATION PROCESS

The Registration for Older Adult attendees was handled internally with the support of Workforce Development, Aging & Community Services (WDACS) Information Technology (IT) team. Participants registered by completing an online registration form which was accessible at the following link: <https://wdacs.lacounty.gov/2nd-annual-oas-registration/> or by calling 1(888) 863-7411. Registration was Co-sponsored by Care 1st/Blue Shield & Care More. Care 1st and Blue Shield provided pens and lanyards, and Care More provided bags for all attendees.

ATTENDANCE OF 2018 OLDER ADULT SUMMIT

The Summit was attended by 940 participants. The breakdown of attendees by organizational groups, age, gender and supervisorial districts is provided in the following charts.

Chart 1. 2018 Older Adult Summit Attendees by Organizational Groups

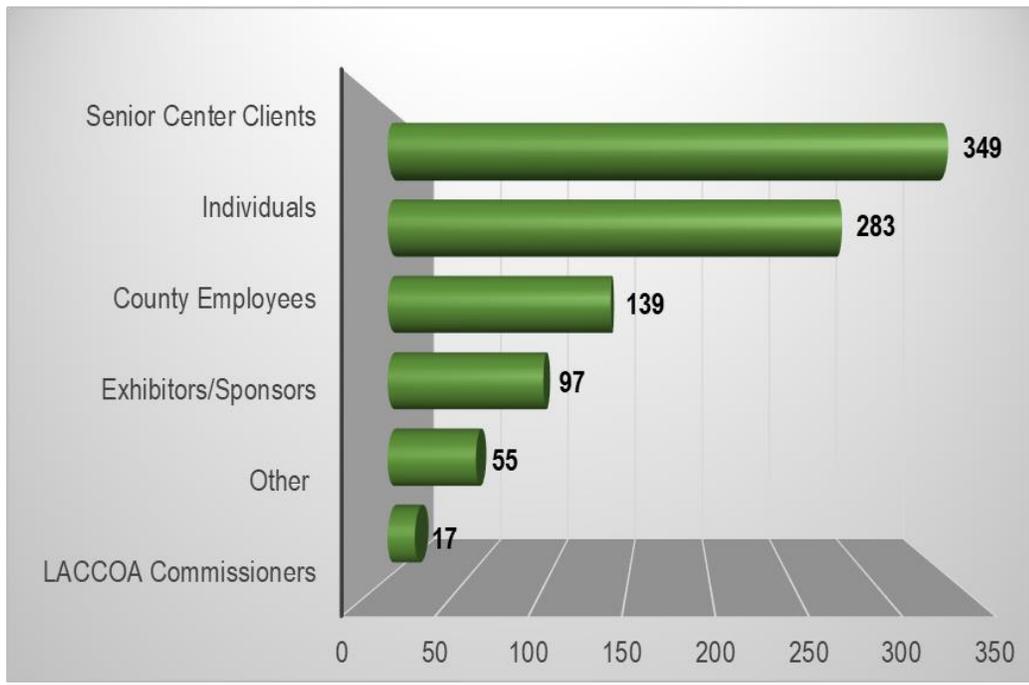


Chart 2. 2018 Older Adult Summit Attendees by Age Group

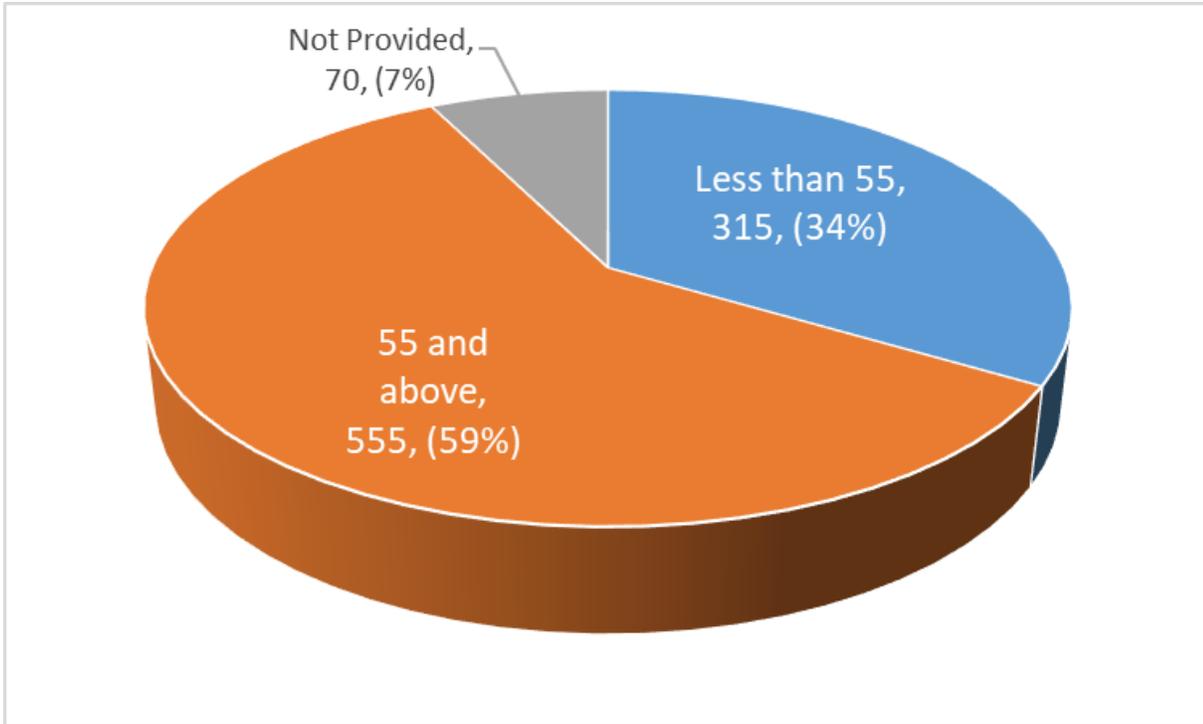


Chart 3. 2018 Older Adult Summit Attendees by Gender

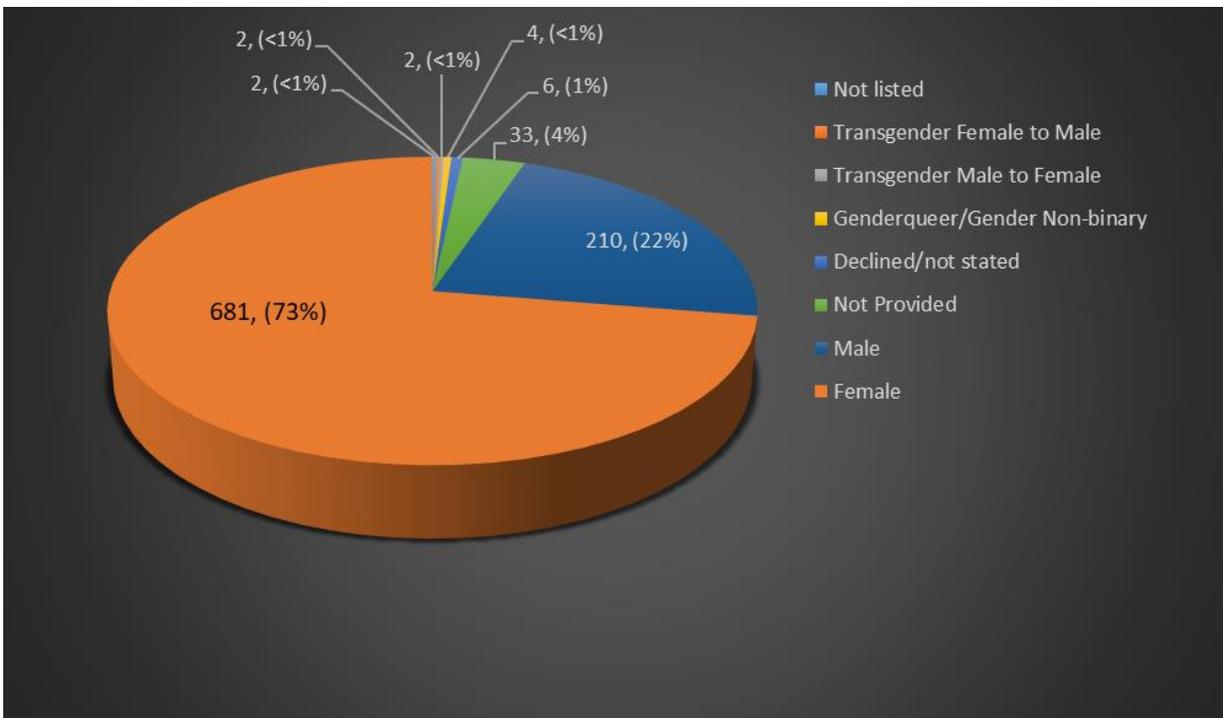
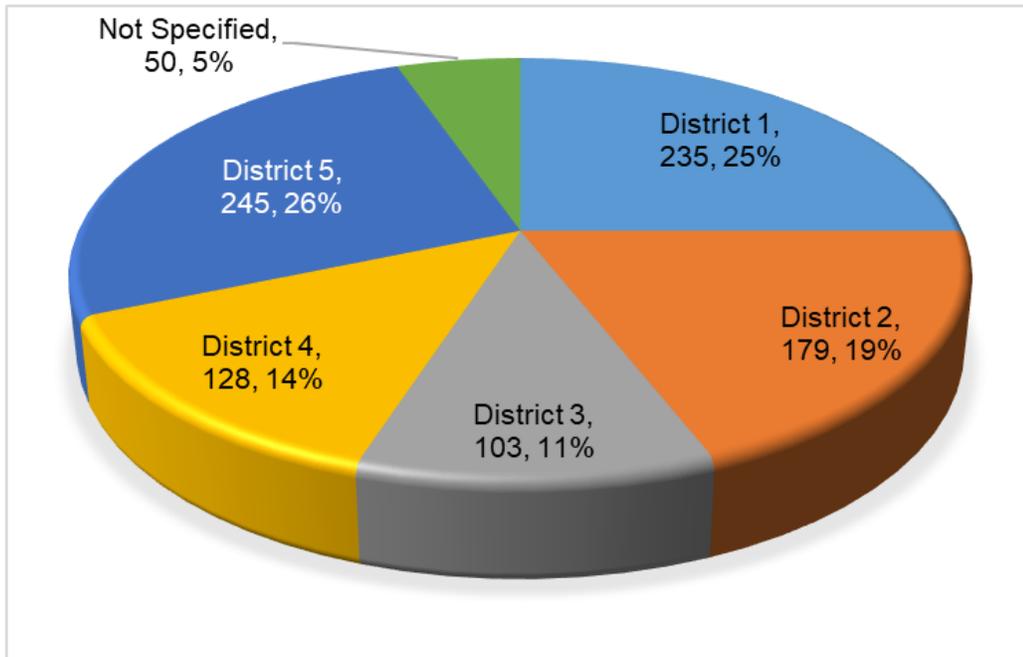


Chart 4. 2018 Older Adult Summit Attendees by Supervisorial District



LIST OF SPEAKERS

The Older Summit had the following speakers:

Co-Hosts of Older Adult Summit

- Cynthia D. Banks, Director—Workforce Department, Aging and Community Services
- Laura Trejo, General Manager—Los Angeles City Department of Aging

Opening Remarks

- Terry Tornek, City of Pasadena Mayor
- Kathryn Barger, Supervisor Fifth District, Los Angeles County Supervisor
- Hilda L. Solis, Supervisor First District, Los Angeles County Supervisor
- Janice Hahn, Supervisor Fourth District, Los Angeles County Supervisor
- Eric Garcetti, City of Los Angeles Mayor (recorded video message)
- Jackie Lacey, Los Angeles County District Attorney
- Jeffrey Prang, Los Angeles County Assessor
- Sachi A. Hamai, Los Angeles County Chief Executive Office
- Dr. Jonathan Sherin, Los Angeles County Department of Mental Health
- Cynthia D. Banks, Director—Workforce Department, Aging and Community Services
- Laura Trejo, General Manager—Los Angeles City Department of Aging

Opening Key Note Speaker

Dr. Laura Mosqueda, Keck School of Medicine of USC

General Session:

- Dementia Friendly LA
Presenter: Kelly Honda, Alzheimer's Greater Los Angeles: Advocacy

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- Brain Health
Presenter: Susan Howland, Alzheimer's Greater Los Angeles

Workshops

- Proud To Be Out
Presenter: Jacqueline Boyd
- Older Adult Scams
Presenter: Keven Chavez
- Aging in Place—Services and Programs Available To You
Presenters: Cynthia Ear and Miguel Robleto
- Resiliency—Coping with Stress
Presenter: Dr. Haydeh Fakhrabadi
- Property Taxes 101
Presenters: Deodria Barajas and Carol Quan
- MediCare—Know Your Rights!
Presenter: Aileen Harper
- AGEnts for Change
Presenter: Jenny Chung Mejia and Brandi Orton
- Healthy Living—Exercise and Food Demonstration
Presenter: Joya Melissa
- If You've Served, You've Earned!
Presenter: Stephanie A. Stone

Each workshop speaker was assisted by two WDACS staff members who assisted with sign-in sheets and distributing materials.

General Closing Session:

- Emergency Preparedness – Are you ready?
Presenter: Jeff Reeb
Office of Emergency Management
- Positive Attitude
Presenter: Freddie Segal-Gidan, PhD
USC Leonard Davis School of Gerontology
- Closing remarks
Cynthia D. Banks & Laura Trejo

EXHIBITORS

Several exhibitors representing government agencies, non-profit organizations, and private companies participated providing informational resources to the hundreds of older adults and other participants of the summit. A list of these exhibitors is provided below.

| Exhibitor/Sponsor | Type |
|--|---------------------|
| California Department of Business Oversight | State Department |
| California Department of Health Care Services for Cal MediConnect Duals Outreach | State Department |
| California Department of Insurance | State Department |
| LA County Animal Control | Los Angeles County |
| LA County Chief Executive Office-Office of Cannabis | Los Angeles County |
| LA County Child Support Services | Los Angeles County |
| LA County Children and Family Services | Los Angeles County |
| LA County Consumer and Business Affairs | Los Angeles County |
| LA County District Attorney | Los Angeles County |
| LA County Human Resources | Los Angeles County |
| LA County LACERA | Los Angeles County |
| LA County Mental Health | Los Angeles County |
| LA County Military and Veterans Affairs | Los Angeles County |
| LA County Natural History Museum | Los Angeles County |
| LA County Office of Assessor | Los Angeles County |
| LA County Office of Emergency Management | Los Angeles County |
| LA County Parks and Recreations | Los Angeles County |
| LA County Probation | Los Angeles County |
| LA County Public Defender | Los Angeles County |
| LA County Public Health-Office of Women's Health | Los Angeles County |
| LA County Public Library | Los Angeles County |
| LA County Public Social Services | Los Angeles County |
| LA County Regional Planning | Los Angeles County |
| LA County Registrar-Recorder/ County Clerk | Los Angeles County |
| LA County Sheriff's | Los Angeles County |
| LA County Treasurer and Tax Collectors | Los Angeles County |
| LA County Workforce, Development, Aging and Community Services | Los Angeles County |
| LA County Workforce, Development, Aging and Community Services Transportation | Los Angeles County |
| Los Angeles City Department of Disability | City of Los Angeles |
| Los Angeles City Department of Library | City of Los Angeles |
| Los Angeles City Department of Recreation and Parks | City of Los Angeles |
| Los Angeles City Department of Transportation | City of Los Angeles |
| Los Angeles City Fire Department | City of Los Angeles |
| Los Angeles City Housing Community Investment Department | City of Los Angeles |
| Los Angeles City of Emergency Management | City of Los Angeles |
| Foothill Workforce Development Board | City of Pasadena |

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|---|------------------|
| Pasadena Transportation | City of Pasadena |
| Pasadena Water and Power | City of Pasadena |
| AARP | Exhibitor |
| Affordable Living for the Aging | Exhibitor |
| AGA | Exhibitor |
| AIDS Healthcare Foundation | Exhibitor |
| Alzheimer's Association | Exhibitor |
| Alzheimer's Greater LA | Exhibitor |
| Anthem Blue Cross | Exhibitor |
| Bet Tzedek | Exhibitor |
| Braille Institute | Exhibitor |
| Care 1st | Exhibitor |
| CareMore | Exhibitor |
| Dayle McIntosh Center | Exhibitor |
| Food Finders | Exhibitor |
| Golden Outlook | Exhibitor |
| Health Net | Exhibitor |
| Hillview Mental Health Center | Exhibitor |
| Huntington Hospital | Exhibitor |
| Jewish Family Services | Exhibitor |
| Jumpstart | Exhibitor |
| Metro TAP CARD | Exhibitor |
| New Horizons | Exhibitor |
| On The Move Riders Club | Exhibitor |
| Papa and Barkley | Exhibitor |
| Partners in Care Foundation | Exhibitor |
| Personal Assistance Services Council (PASC) | Exhibitor |
| Pfizer | Exhibitor |
| Philips Lifeline | Exhibitor |
| Retired Employees of Los Angeles County (RELAC) | Exhibitor |
| Rose Hills | Exhibitor |
| SCAN | Exhibitor |
| Senior Corps Sponsored by AARP Foundation | Exhibitor |
| Southern California Gas | Exhibitor |
| Telecare | Exhibitor |
| The Youth Movement Against Alzheimer's | Exhibitor |
| Tivity Health | Exhibitor |
| Valley Interfaith Council | Exhibitor |

GOING GRAY IN LA EXHIBITION

Going Gray in LA featuring the artwork of Ruxandra Guidi and Bear Guerra about stories of aging in Los Angeles was highlighted as part of the 2nd OAS Exhibition. Guidi and Guerra spent a year exploring the lives of a diverse population of older adults. Their stories, featured on the radio, the web, and in public spaces such as this one, depicted true stories of citizens that often feel neglected and invisible.

Going Gray in LA was produced during 2016-2017 in collaboration with KCRW Public Radio, and with support from The Eisner Foundation. The radio stories, photo essays, and additional content can be found on the project website: kcrw.com/goinggrayinla

2ND ANNUAL OAS EVALUATION SURVEY

A survey instrument was prepared and posted online to collect feedback about the Summit from Summit participants. An email with the link to the online survey was sent to all participants. The online survey can be accessed at: [OAS Survey](#). The survey instrument is attached.

Attachment: 2nd Annual Older Adult Summit Evaluation Online Survey Instrument



2nd Annual Older Adult Summit - April 5, 2018
County of Los Angeles Workforce Development, Aging & Community Services
City of Los Angeles Department of Aging

Evaluation Survey

Enhancing the Lives of Older Adults through Empowerment, Engagement, and Active Living

Thank you for attending the 2018 Older Adult Summit on April 5, 2018 at the Pasadena Convention Center. Please take a moment to complete the Summit evaluation. Your feedback is extremely valuable.

1. Please indicate your overall satisfaction with this Summit:

- Extremely satisfied
- Very satisfied
- Somewhat satisfied
- Not so satisfied
- Not at all satisfied

2. What was MOST VALUABLE about the Summit?

3. What was LEAST VALUABLE about the Summit?

4. How would you rate the online registration process?

- Excellent
- Very good
- Good
- Fair
- Poor
- Not Applicable

5. How would you rate the phone registration process?

- Excellent
- Very good
- Good
- Fair
- Poor
- Not Applicable

6. Which of the morning workshops did you attend?

- Property Taxes
- Agents for Change
- Healthy Living
- Resiliency

7. Which of the afternoon workshops did you attend?

- Aging in Place
- Older Adult Scams
- Proud to Be Out
- Medicare! Know Your Rights!

8. How satisfied are you with the quality of the presentations?

- Extremely satisfied
- Very satisfied
- Somewhat satisfied
- Not so satisfied
- Not at all satisfied

9. How satisfied are you with the quality of the materials circulated by the speakers?

- Extremely satisfied
- Very satisfied
- Somewhat satisfied
- Not so satisfied
- Not at all satisfied

10. How would you rate the opportunity provided by the Summit for the exchange of information with other participants?

- Excellent
- Very good
- Good
- Fair
- Poor
- Not Applicable

11. How would you rate the Summit venue/facilities?

- Excellent
- Very good
- Good
- Fair
- Poor
- Not Applicable

12. Please indicate your overall satisfaction with the Exhibitors:

- Extremely satisfied
- Very satisfied
- Somewhat satisfied
- Not so satisfied
- Not at all satisfied

13. How would you rate information available on the [Older Adult Summit Web Page?](https://wdacs.lacounty.gov/april2018-2nd-oas/) (<https://wdacs.lacounty.gov/april2018-2nd-oas/>)?

- Excellent
- Very good
- Good
- Fair
- Poor
- Not Applicable

14. Are you an LGBT older adult that would like to speak to someone privately about services?

- Yes

No

15. What topic(s) or theme(s) would you like to be addressed other conferences in the future?

16. Would you like information emailed to you about the following services?

- Nutrition Services
- Transportation
- Legal Services
- Caregiver Services

17. Is there anything else you would like to share with us?

18. Optional questions

Name

Organization

Address

Address 2

City/Town

State/Province

ZIP/Postal Code

Email Address

Phone Number

DONE