



Los Angeles County Commission for Older Adults

LACCOA

2012 – 2013 Annual Report



Visit us at: <http://css.lacounty.gov/laccoa.aspx>

LACCOA advocates for the needs and well-being of older adults in Los Angeles County

Table of Contents

Los Angeles County Board of Supervisors	3
Message from Marilyn Fried, LACCOA President	4
Message from Cynthia D. Banks, CSS Director	5
LACCOA Mission and Goals	6
LACCOA Executive Board	7
LACCOA Strategic Plan Update (July 2010 – June 2013)	8
Meet the Commissioners	10
LACCOA Committees in Action	12
Commissioners in Action	13
LACCOA Says Goodbye to a Friend	14
LACCOA Launches Two Initiatives	15
On the Move Riders Club	17
Older Americans Recognition Day (OARD) Events	18
Annual LACCOA Luncheon	21
Credits	22

Los Angeles County Board of Supervisors

Los Angeles County Commission for Older Adults (LACCOA) would like to thank the Board of Supervisors for their ongoing guidance and support in advocating for issues that are affecting the older adult population in Los Angeles County. The senior population is the fastest growing age group in the country. Consequently, their need for new services is growing as well. LACCOA is ready to address these new needs for seniors in Los Angeles County. The Commission looks forward to working with the Board of Supervisors to ensure that the health, well-being, and overall quality of life of seniors in Los Angeles County continue to thrive.



Michael D. Antonovich

Don Knabe

Gloria Molina

Mark Ridley-Thomas

Zev Yaroslavsky

Michael D. Antonovich
Supervisor, 5th District

Don Knabe
Supervisor, 4th District

Gloria Molina
Supervisor, 1st District

Mark Ridley-Thomas
Supervisor, 2nd District

Zev Yaroslavsky
Supervisor, 3rd District

Board Deputies

Megan Moret, 1st District; **Brenda Robinson**, 2nd District; **Lisa Mandel** and **Flora Gil Krisiloff**, 3rd District; **Nick Ippolito**, 4th District; **Michelle Vega**, 5th District



Message from the President



I'd like to begin by thanking all of you for your support and hard work in 2012-2013. Thanks to you and the leadership of our officers, Committee Chairs, and lead Commissioners, we've had an exciting and productive year.

We learned new things. Some of us attended the California Association of Area Agency on Aging (C4A) Conference, the American Society on Aging Conference in Chicago, the Positive Aging Conference, the Los Angeles Aging Advocacy Coalition Aging Summit, and meetings to learn about proposed changes in the Medi-Cal/Medicare dual eligible programs in Los Angeles. We participated in the Triple A Coordinating Council (TACC) in Sacramento

meeting with and learning from other Commissions in the State. We attended public hearings on the State Department of Aging four-year plan and much more.

We worked on planning and presenting the Knowledge Fair to assist Senior Center Directors to better serve seniors in a difficult economy. We worked with Metro to help launch the "On The Move Riders Club." Many of our Commissioners were involved with the California Senior Legislature developing new legislation to benefit seniors in the state.

We hosted two beautiful Older American Recognition Day Events, and over 100 seniors throughout the County were honored and recognized for their contributions to the community.

We did something we had never done before – **WE LAUNCHED TWO INITIATIVES.**

Our first initiative was "LA Seniors WALK." With the idea of improving seniors' health and making a difference in their lives, we chose to educate and encourage seniors to begin and maintain a regular walking program. We took the brochures out into our communities, to our senior centers, and other places that seniors congregate.

Our second Initiative was to "Combat Senior Hunger." We learned that federal funds were available to provide money for seniors to purchase food through CalFresh (in California) and the Supplemental Nutrition Assistance Program (SNAP) in the rest of the country. We invited representatives from the Department of Public Social Services (DPSS) to a LACCOA meeting to educate us about the CalFresh program and to bring us brochures. We then took the brochures, along with our "LA Seniors WALK" brochures to our Senior Centers and other senior venues. We realized that we can help to alleviate hunger among seniors, a major problem in Los Angeles County.

And today I'm coming to the completion of another mission -- my term as your President. Again, thank you for your support and hard work. We've come a long way. I know that LACCOA will continue to build on what we've done and continue striving to make a difference in the lives of the seniors in Los Angeles County. My best wishes go out to LACCOA and our new leadership team. Thank you.

Marilyn Fried,
2012-2013 LACCOA President

Message from Cynthia D. Banks, CSS Director



As the Director of the Los Angeles County Department of Community and Senior Services (CSS), it is an honor to share with you the hard work that LACCOA is doing to enhance the quality of life of our aging population. The accomplishments in this annual report would not have been possible without the dedication and hard work of the LACCOA Commissioners.

Through its leadership, LACCOA has continued to move forward with its purpose to preserve and promote the overall well-being of the senior population living in Los Angeles County. LACCOA took the lead in the successful Annual Older Americans Recognition Day (OARD) celebrations. The Los Angeles County Board of Supervisors, in association with LACCOA, CSS, local elected officials from the 88 cities, and senior citizens' organizations, honored 100 older adults who "Unleashed the Power of Age" and volunteered countless hours to their communities to enhance the lives of everyone.

The "LA Seniors Walk" and "Combat Senior Hunger" initiatives are two great examples of LACCOA's effort to enhance the lives of older adults in Los Angeles County. I commend LACCOA for their vision of encouraging older adults to get active and for tackling the tough issue of senior hunger.

I would like to take this opportunity to congratulate LACCOA on its accomplishments during the 2012-2013 fiscal year, and thank all Commissioners for their dedication, hard work, and commitment to enhancing the lives of all older adults in Los Angeles County.

Cynthia D. Banks

Cynthia D. Banks, Director
Community and Senior Services

LACCOA Mission and Goals

MISSION

The mission of LACCOA is to advocate, advise and make recommendations regarding the needs and welfare of Los Angeles County seniors, age 60 and older, to the Los Angeles County Board of Supervisors, departments of County government, and other entities that provide services to seniors regarding their needs, health, well-being, and rights.

To accomplish this mission, LACCOA:

- Assists the County in preparing for the significant increase expected in the senior population.
- Networks and collaborates with other partners who are interested in and concerned about issues affecting seniors.
- Develops methods of communications which enhance and provides outreach and education to seniors in Los Angeles County.
- Advocates for the needs and well-being of older adults in Los Angeles County.

GOALS

Advise Board of Supervisors regarding needs of the older population in Los Angeles County. Recognize outstanding voluntary efforts and community service by seniors living in Los Angeles County. Enhance distribution of LACCOA information and findings to the community at large and to appropriate Los Angeles County Departments. Maintain efforts to assist the older population with information regarding transportation.

COMPOSITION

The Commission shall include individuals and representatives of community organizations. The Commission shall be made up of:

- more than 50 percent older individuals, including minority individuals who are participants or who are eligible to participate in Area Agency on Aging (AAA) programs;
- representatives of older persons;
- representatives of health care provider organizations;
- representatives of supportive services provider organizations;
- persons with leadership experience in the private and voluntary sectors;

- local elected officials; and
- the general public.

Ethnic distribution should be representative of the population served, and LACCOA members must be residents of Los Angeles County.

The Commission is comprised of 50 members: 25 appointed by the Board of Supervisors and 25 selected by LACCOA. Each vacancy will be filled accordingly.

The LACCOA general meetings are held every first Monday of each month from 10:00 a.m. to 12:00 p.m., unless there is a holiday, the meeting is rescheduled to meet on Tuesday. The Executive Board meetings are held every third Monday of each month from 10:00 a.m. to 12:00 p.m.

The Commission structure includes an Executive Board and six standing committees: Area Plan; Communications; Health, Nutrition, and Long-Term Care; Housing and Transportation; Legislative and Advocacy; and Membership.



2012-2013 LACCOA Executive Board (left to right) Nneenah Frazier, 2nd Vice President; Barbara Sinclair, Secretary; Marilyn Fried, President; Cindy Skovgard, 1st Vice President; Krishan Bhalla, Financial Officer; Bernard Weintraub, Past President

LACCOA Strategic Plan Update (July 2010 – June 2013)

LACCOA developed the following Strategic Plan for the period July 2010-June 2013 to guide its efforts in realizing its vision and mission.

STRATEGY 1: Create committees to address immediate and long-term issues affecting older adults in Los Angeles County and to facilitate the operation of LACCOA.

Objective 1:

By July 2012, identify standing committees, which will meet regularly to address issues pertaining to older and functionally disabled adults.

The Commission established six standing committees (Area Plan; Communications; Health, Nutrition, and Long-Term Care; Housing and Transportation; Legislative and Advocacy; and Membership).

Objective 2:

Form an Ad Hoc Needs Assessment Committee to advise AAA staff on gathering, analyzing and reporting relevant data pertaining to the needs of Los Angeles County's older adult population.

The Ad Hoc Needs Assessment Committee assisted the department in determining the needs of seniors.

Objective 3:

Form additional committees, as needed, to meet immediate and long-term needs.

The Commission formed the Older Americans Recognition Day Event Committee to meet the short-term needs of the Commission and to host the annual event.

STRATEGY 2: Advise AAA staff on all matters relating to the needs and welfare of Los Angeles County seniors, age 60+, including the planning process for Public Hearings on the update of the 2012-2016 Area Plan.

Objective 1:

By July 1, 2012, form an Area Plan Committee to advise AAA staff on Public Hearings for the update of the 2012-2016 Area Plan.

A committee was formed and worked closely with AAA staff to determine the location and scheduling of the Public Hearings. Commissioners also served as Hearing Officers at the Public Hearings.

Objective 2:

By January 2013, participate in Public Hearings for the Area Plan by encouraging attendance and community participation in the hearings, ensuring that translators are available for non-English speaking attendees; attending and observing the hearings; and serving as Hearing Officers.

Commissioners attended the eight Public Hearings countywide as hearing officers and also provided input on the issues of concern to the seniors.

Objective 3:

Review the Area Plan Update to ensure that it reflects the public comments from the Public Hearings.

The Commission worked closely with AAA staff to ensure the Area Plan Update shows the issues that are affecting the senior community.

Objective 4:

Advise AAA staff on the development and implementation of needs assessment of Los Angeles County seniors and disabled adults.

The needs assessment was completed at the end of 2011. The Commission worked with AAA staff.

Objective 5:

Advise AAA staff on the development and implementation of the 2012-2016 Area Plan Update.

The Commission worked with the department on the Area Plan Update.

STRATEGY 3: Increase advocacy and awareness in the community regarding aging needs, programs and services.

Objective 1:

Increase awareness of older and functionally impaired adults about AAA programs and activities of LACCOA, such as attending community meetings, developing and distributing newsletters and brochures, and pursuing other avenues for disseminating information.

Commissioners routinely visit their respective senior centers and speak with seniors about concerns they may have.

Objective 2:

By July 2013, increase advocacy efforts for senior programs and explore other issues relevant to older adults including health disparities, housing, transportation and other key issues.

The Commission has continuously written correspondence to elected officials on behalf of seniors on issues that affect them.

Objective 3:

Communicate with cities, their commissions and departments within Los Angeles County that deal with aging issues.

The Commission has continued to develop a network that will assist in communicating with other local agencies regarding senior issues.

Objective 4:

By July 2013, implement an educational/training program for LACCOA members to prepare them to effectively speak on behalf of the Commission.

The Commission is on track to train Commissioners on how to attend public events and senior centers to speak on behalf of the Commission on hot-button issues that deal with seniors.

Objective 5:

Inform the Board of Supervisors of issues that are impacting the older adult population and provide recommendations and possible solutions.

Meet the Commissioners

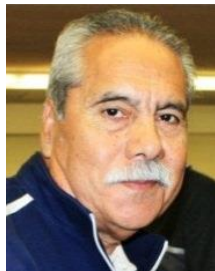
First Supervisorial District



Mary Helen Cruz



William Givens



Robert Jimenez



Samuel Park



David Siegrist



Vicente Zapata

Second Supervisorial District



Frank Calderon



Mattye Fegan-Perry



Zelda Hutcherson



William Jackson



Lonnie McNamee



Nate Riddick



Theresa Rotter



Lavada Theus



Aida M. Villalobos



Linda Yamauchi

Third Supervisorial District



Krishan Bhalla



Sol Fingold



Marilyn Fried



Peter Getzoff



Oleeta Igar



Barbara Meltzer



Julia Rosenberg



Maurice Weiner



Bernard Weintraub



Elizabeth Wilson

Fourth Supervisorial District



Aziz Amini



Gloria Duran



Ralph Flores



Irene Griffith



Wiliam Ha



Raymond Hall



Hedy Harrison



Jung Kim



James Polk



Cindy Skovgard

Fifth Supervisorial District



Natalie Ambrose



Mary Lou Bangar



Nneenah Frazier



Peter McGrath



Arlene Okamoto



Olga Sarabia



Marvin Schachter



Barbara Sinclair

LACCOA Committees in Action

Area Plan Committee

The **Area Plan Committee** worked with Community and Senior Services (CSS) staff in reviewing the Area Plan Update and preparing for Public Hearings. Commissioners attended the hearings and served as Hearing Officers.

Committee Chair: William Givens

Committee Members: Natalie Ambrose, Frank Calderon, Raymond Hall, William Jackson, Teri Rotter

Communications Committee

The **Communications Committee** designed and wrote our “LA Seniors WALK” brochure along with a countywide press release and developed a new LACCOA PowerPoint presentation.

Committee Chair: Barbara Meltzer

Committee Members: Aziz Amiri, Hedy Harrison, Linda Yamauchi

Health, Nutrition and Long-Term Care Committee

The **Health, Nutrition, and Long-Term Care Committee** worked with CSS staff to select outstanding nutrition sites. They formed a relationship with Dr. Tony Kuo, Director of Senior Health of the Department of Public Health and arranged for him to speak at the April 2013 LACCOA meeting. They gathered information on the benefits of walking to use in the “LA Seniors WALK” brochure.

Committee Chair: Irene Griffith

Committee Members: Mattye Fegan-Perry, Peter Getzoff, William Ha, Oleeta Igar, Arlene Okamoto, Aida Villalobos, Maurice Weiner, Vicente Zapata

Housing and Transportation Committee

The **Housing and Transportation Committee** studied and discussed housing issues in local communities throughout Los Angeles County. They worked with Metro to implement “On the Move Riders Club” and to simplify the use of TAP cards for seniors at Metro Vending Machines. Commissioner Mary Helen Cruz continued to be instrumental in working with Metro.

Committee Chair: James Polk

Committee Members: Mary Helen Cruz, Robert Jimenez, Jung Kim, Olga Sarabia, Elizabeth Wilson

LACCOA Committees in Action

Legislative and Advocacy Committee

The **Legislative and Advocacy Committee** drafted a letter to Senior Centers requesting them to advocate for the reauthorization of the Older Americans Act. They urged LACCOA to get involved in educating seniors about ballot issues and candidates in national and local elections. They worked on ways to increase pedestrian safety by increasing the time allowed to cross intersections.

Committee Chair: Gloria Duran

Committee Members: Sol Fingold, Zelda Hutcherson, Samuel Park, Nate Riddick, Marvin Schachter, David Siegrist

Membership Committee

The **Membership Committee** welcomed two new Commissioners, Mary Lou Bangar and Julia Rosenberg in 2012-2013. The Committee also continued to recruit new members.

Committee Chair: Lavada Theus

Committee Members: Ralph Flores, Peter McGrath, Lonnie McNamee

Commissioners in Action

Commissioner Gloria Duran received the Congresswoman Grace F. Napolitano 38th District 2012 Woman of the Year Award.

Barbara Meltzer received the City of West Hollywood Senior Month Award for outstanding contributions to the City of West Hollywood.

Barbara Sinclair received the Distinguished Woman of the Year Award from South Pasadena, U.S. Congresswoman Judy Chu.

Lavada Theus participated in the “On the Move” exercise and healthy eating program and became a TV star. “On the Move” is a new reality show broadcast on the public access channel taking the message of healthy eating and exercise to senior citizens in the community.

LACCOA Says Goodbye to a Friend

Maurice (Maury) Weiner
1930-2012

Maurice (Maury) Weiner was a great progressive, a devoted advocate for racial justice, gender equity, and the rights of working women and men, often giving a voice to those without access or resources to support their causes. Maury tirelessly worked to assure services and human rights for people with HIV, and was an early advocate for needle exchange programs when they were highly controversial. Virtually throughout his entire life, Maury was vigorously engaged with a range of organizations and movements dedicated to improving the human condition.

"There are tens of thousands of people whose rights were protected by Maury's efforts as a top city official, a nonprofit leader and as an active citizen."

- L.A. County Supervisor Zev Yaroslavsky

Mr. Weiner was a leader in Californians for Liberal Representation, an organization which influenced significant political and human rights issues.

He was an activist in the California Democratic Council, and was twice elected the President of Americans for Democratic Action. When he first came to Los Angeles, he volunteered as Precinct Coordinator for Edward Roybal's Congressional campaign. He was impressed with Roybal, the first Latino to serve on City Council, because he was the only member to refuse to sign a loyalty oath. Maury respected this principle, as he had quit his own job at the New York Post Office for the same reason.

Maury first met Tom Bradley while they were both supporting Roybal, and Bradley subsequently asked Maury to help him run his campaign for City Council. Maury became a key link to a wide range of liberal and progressive organizations, and pioneered a grassroots coalition campaign based on volunteer activists. Tom Bradley won the election and Maury served as his Chief of Staff. When Bradley decided to run for Mayor, Maury coordinated his campaign, modeling it on his successes on behalf of Bradley and Roybal. When Tom Bradley was elected Mayor, Maury served as Deputy Mayor, helping to reform and transform City Hall. Beyond his service within the governing of the City of Los Angeles, Maury leveraged his political wisdom and philanthropic spirit as an administrator of Tarzana Treatment Centers, one of the largest behavioral healthcare organizations in Los Angeles. In "retirement," he continued to be very active and held various leadership positions within the American Association for Retired Persons (AARP), the Tom Bradley Legacy Foundation at University of California Los Angeles (UCLA), and LACCOA.

"Los Angeles mourns the passing of Maury Weiner, a beloved Angeleno and a relentless advocate for those most in need. His tremendous contributions to the City of Los Angeles will live on."

- Los Angeles Mayor Antonio Villaraigosa.

-Contributed by Danny Jenkins

LACCOA Launches Two Initiatives

“LA SENIORS WALK” INITIATIVE

LACCOA launched “*LA Seniors WALK: Celebrating Healthy Aging*,” as a means of educating older adults about the benefits of walking. “Los Angeles County has almost 1,700,000 residents who are over the age of 60, a number that is expected to reach 2,300,000 by the year 2020,” says LACCOA President Marilyn Fried. “It is imperative that we all do as much as we can to positively impact the health of older adults. Walking is one of the easier ways to increase physical activity and improve physical and mental health.”

LACCOA INITIATIVE

In keeping with its mission to advocate for productive and healthy aging for LA County's older adults, LACCOA has launched an initiative to educate seniors about the benefits of walking.

It is our hope that with encouragement and knowledge, those who can, will make daily walking a part of their lives.

LACCOA's Commissioners are visiting senior centers, retirement homes, community centers and other venues throughout LA County to distribute information and encourage older adults to WALK!



Los Angeles County Board of Supervisors



Gloria Molina
1st District



Mark Ridley-Thomas
2nd District



Zev Yaroslavsky
3rd District



Don Knabe
4th District



Michael D. Antonovich
5th District

Los Angeles County Commission for Older Adults

The Los Angeles County Commission for Older Adults advocates, advises and makes recommendations regarding the needs and welfare of LA County seniors age 60 and over. LACCOA works with the LA County Board of Supervisors and other entities that provide programs and services to seniors that enhance their needs, health, well-being and ensure their rights.

Community and Senior Services

CSS and our community partners are committed to the delivery of quality services to youth, adults and seniors that promote independence, dignity, choice and well-being.

For more information about
LA Seniors WALK
contact Guillermo Medina, Jr.
GMedina@css.lacounty.gov
(213) 351-5274

Los Angeles County Commission for Older Adults (LACCOA)

Presents

LA Seniors WALK

Celebrating Healthy Living



The Commission created a special brochure that includes information about why it is important to walk, safety tips, and how to have fun while exercising. LACCOA Commissioners visit senior centers, retirement homes, and other venues throughout the County to distribute information and talk with older adults about the benefits of walking.

"It is our hope that with encouragement and knowledge those who can, will make daily walking a part of their lives," adds Commissioner Fried.

WHY WALK?

One of the easiest ways to increase your physical activity and improve your health, walking is fun, provides numerous preventative health benefits and is inexpensive.



Here are just a few of the reasons to include regular walking in your life:

- Increases blood circulation throughout the body
- Increases the lungs' ability to take in oxygen
- Lowers blood pressure
- Helps to reduce body fat, cardiovascular disease and diabetes
- Improves blood sugar and cholesterol levels
- Provides relief from stress and depression

WALK SAFELY

- Check with your doctor before beginning a walking program
- Wear sunscreen and a hat
- Walk in safe areas and on level pavement
- Listen to your body
- Do warm-up and cool-down exercises
- Ensure adequate hydration by drinking water
- Wear comfortable walking shoes with non-slip soles
- Bring a cell phone
- Carry your ID and medical information with you
- Wear light and reflective clothing at night
- If there is no sidewalk or path, always walk facing the traffic
- Be defensive. Don't assume that drivers are watching out for you.



HAVE FUN

- Start a walking group
- Walk with friends
- Walk with your grandchildren
- Listen to music
- Walk in a beautiful setting
- Walk with your pet

COMMIT TO WALKING

- Set achievable goals
- Find an accountability partner (friends or coworkers)
- Try wearing a pedometer
- Keep an exercise journal or record to track progress
- Vary your walking routine

“COMBAT SENIOR HUNGER” INITIATIVE

LACCOA learned that federal funds were available to provide money for seniors to purchase food using the CalFresh program (in California) and the Supplemental Nutrition Assistance Program (SNAP) in the rest of the country. LACCOA invited representatives from the Department of Public Social Services (DPSS) to a meeting to educate commissioners about the CalFresh program and to bring brochures. The brochures, along with the “LA Seniors WALK” brochures have been distributed to over 40 Senior Centers and other senior venues. It is difficult to identify seniors who qualify for CalFresh and the enrollment process is not always as easy as it should be, but Commissioners have been getting the word out. When a senior said, “I qualified for \$16.00 a month. It may not seem like much, but it means that I can have a slice of bread and peanut butter every morning for a month.” We realized that we can help to alleviate hunger among seniors, a major problem in Los Angeles County.



On the Move Riders Club

Commissioners Mary Helen Cruz, Robert Jimenez, and other Commissioners have worked with Metro to do outreach work at senior and community centers throughout Los Angeles County to educate older adults about public transportation. These monthly workshops are geared to empowering seniors to use public transportation.



- The “On the Move Riders Club” is a travel-training program that uses the peer-on-peer model to educate older adults in Los Angeles County about how to use public transportation
- Using trains and buses throughout Los Angeles County, members travel together to destinations of interest such as a museum, or need, such as a doctor’s appointment
- Via a collaboration between METRO and LACCOA, the goal of “On the Move” is to establish travel clubs that bring together experienced transit users called Travel Buddies with inexperienced riders who are the Participants
- Training is provided through group trips or one-on-one sessions.

48th Annual Older Americans Recognition Day (OARD)

Every year, the United States recognizes May as Older Americans Recognition Month and encourages all Americans to acknowledge, honor, and celebrate seniors who have made a positive impact in their cities and communities. LACCOA, along with the Board of Supervisors and Community and Senior Services (CSS), hosted the 48th Annual Older Americans Recognition Day Events on May 22, 2013, and May 29, 2013, to honor older Americans in Los Angeles County who exemplify the 2013 theme: ***Unleash the Power of Age.***



Supervisor Ridley-Thomas, Honoree Marquita Boyd,
CSS Director Cynthia D. Banks



Commissioner Lavada Theus, Supervisor Ridley-Thomas, Honoree
Mona Porotesano, CSS Director Cynthia D. Banks

One hundred older adults were honored in 2013 by the Board of Supervisors for “unleashing their power” and making Los Angeles County a better place for older Americans. Each honoree was accompanied by their elected officials, family, and friends on this special occasion to receive a special scroll from their respective Supervisor.

Commissioner Lavada Theus and Commissioner Cindy Skovgard along with CSS staff worked to organize an afternoon dedicated to celebrating some of Los Angeles County’s finest older Americans.





Commissioner Lavada Theus, 5th District Board Deputy Michelle Vega, Honoree Josephine Cox, CSS Director Cynthia D. Banks



Commissioner Lavada Theus, CSS Program Manager Anna Avdalyan, Honoree Raymond Yeh, and CSS Director Cynthia D. Banks



Commissioner Lavada Theus, LACCOA President Marilyn Fried, Honoree Carol Davis, CSS Director Cynthia D. Banks



Commissioners: Lavada Theus, Aida Villalobos, Peter McGrath, and David Siegrist



OLDER AMERICANS MONTH 2013



Supervisor Don Knabe proclaiming May 2013 as Older Americans Month with LACCOA President Marilyn Fried and CSS Director Cynthia D. Banks



CSS Director Cynthia D. Banks, Honoree June McKinney, and Supervisor Knabe



CSS Director Cynthia D. Banks, Honoree Dolores Amon, and Supervisor Knabe



Annual LACCOA Luncheon

Los Angeles County Commission for Older Adults held its annual luncheon to celebrate the accomplishments for 2012-2013, to discuss plans for the future, and to swear in a new slate of officers. The meeting was held at the Altadena Service Center.

Officers for the 2013-2014 fiscal year were sworn in by Brenda Robinson, Board Deputy of the 2nd Supervisorial District. The following were elected to office: Aida Villalobos, President; Gloria Duran, 1st Vice President; Linda Yamauchi, 2nd Vice President; Barbara Sinclair, Secretary; and William Jackson, Fiscal Officer. Commissioners Barbara Meltzer and Cindy Skovgard were honored with the LINK Award for their contributions throughout this past year.



Board Deputy Brenda Robinson, 2nd District, with incoming officers for 2013-2014: Aida Villalobos (President), Gloria Duran (First Vice President), Linda Yamauchi (Second Vice President), Barbara Sinclair (Secretary), William Jackson (Fiscal Officer), and Marilyn Fried (Past President)



Commissioners Cindy Skovgard (left) and Barbara Meltzer (right) receiving the LINK Award from President Fried (center)

Credits

Editors/Layout/Design.....	Lorenza C. Sánchez, Assistant Director Anna Avdalyan, Program Manager Corneitha Kirk, Human Services Administrator II Guillermo Medina, Executive Director LACCOA Amy Koo, Clerical Support
Photos.....	Benjie Uy, CSS Photographer



Los Angeles County Commission For Older Adults
510 S. Vermont Ave., Suite 215
Los Angeles, CA 90020
(213) 351- 5274

For a copy of this report please contact:
Guillermo Medina via email at: gmedinajr@css.lacounty.gov